# Token Board:

#### Purpose:

To shape desired behaviors by reinforcing them with tokens collected to earn a preferred item or activity. This tool helps establish expectations and can empower or incentivize individuals to self-monitor their behavior.

#### Notes:

- Reinforcers must be something the individual does not have access to unless tokens are earned, as well as desired in the moment they are awarded.
- Expectations for earning tokens must be explicit, understood by the individual, and implemented with fidelity.

Tools:

Scissors

Laminator

Binding Tools (hole punch, binding machine)

Materials:

Token Board Template (includes 5 boards): https://rebrand.ly/TokenBoard

2 lamination pouches (1 for token board & 1 for learning behavior symbols)

30 pairs of hook & loop coins or squares

Binding options:

zip ties, 5.5"x8.5" binder, binder rings, coil binding, packaging tape

#### Assembly Instructions:

#### Token Board

- 1. Print token board of preferred color & the corresponding page of learning behaviors (limit the page range in the printing options to print preferred color of board).
- 2. Cut token board page in half with token board on one side and tokens on the other. Cut out tokens (add stickers to blanks, or add other images/symbols motivating to individual).
- 3. Cut learning behaviors page in half. The black and white page is to store symbols. The color symbols are the movable pieces used with the token board.
- 4. Laminate all pieces (2 laminating pouches).
- 5. Trim token board. Cut out tokens. Use hook & loop to store tokens on the back of the token board. Be sure the loop (soft) piece is on the page, and the hook (rough) piece is on the token.
- 6. Add soft loop pieces to the circles on the token board.
  - The top row is to identify desired behaviors (use learning behavior symbols...this list is not exhaustive).
  - The middle row is for tokens.
    - The bottom is for the reinforcer.
- Learning Behaviors Symbols: Cut page in half. Cut out symbols printed in color. Use hook & loop to adhere movable color symbols to corresponding icon on b&w page.

































































































































































































































































































































